



Stay Safe During the Holidays

COVID-19 HUDDLE MESSAGES

Keep yourself and others around you safe from harm by sharing these reminders at huddles and unit-based team meetings.



COVID-19 is real, poses a dangerous risk, and continues to spread throughout the country.



Labor and management are working closely together to fight the spread of this virus. This includes our commitment to your health and safety.



We want to reinforce the advice from Kaiser Permanente's infectious disease experts and clinicians that staying home for the holidays — [not traveling](#) and [not gathering](#) — is the best way to protect yourself and those you love.



We must all lead by example. Ask your friends and family to join you and prevent the spread of COVID-19 by staying home and avoiding travel and social gathering.



Continue the actions we know are the best defense against the virus: wear your mask, wash your hands frequently, and follow physical distancing guidelines both at work and at home.



Avoid any social gathering at work and always wear your mask in workspaces, restrooms, conference rooms, and break rooms.



Make sure you get your flu shot. This year, it's more important than ever.



We know this is a difficult time for many. For help and support, contact Kaiser Permanente's [Employee Assistance Program](#) [KP Intranet].



Together, we will stop the spread of this virus. Thank you for your help and support!