

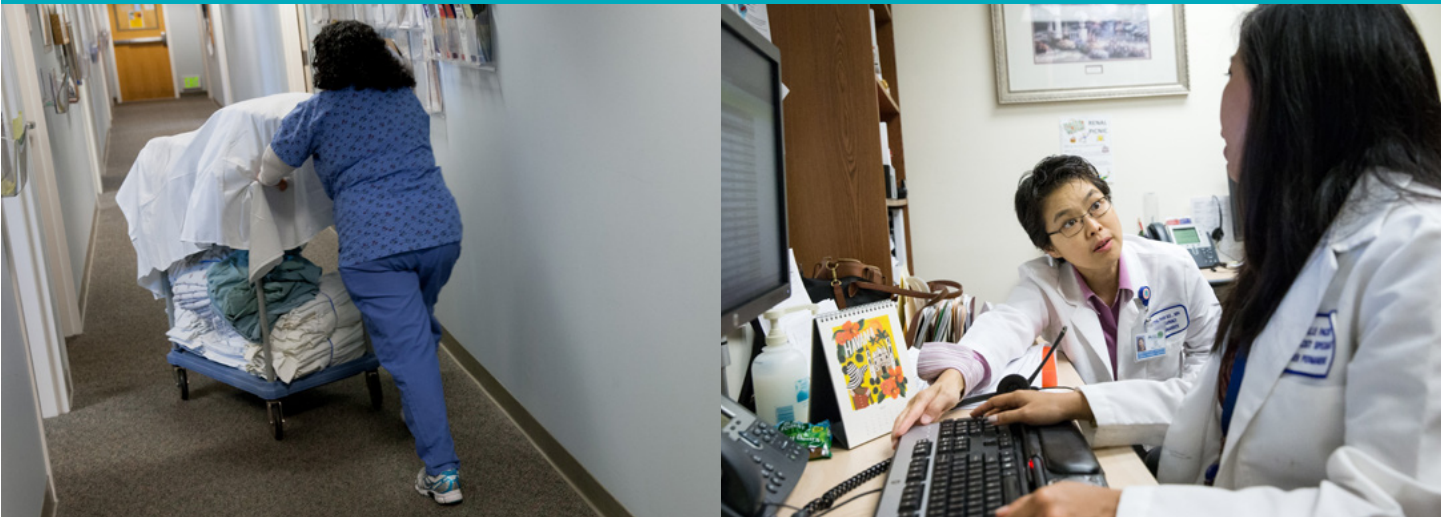
MAY 2018

WORK THAT FITS THE WORKER: ROUNDING FOR ERGONOMIC SAFETY



LM^P LABOR MANAGEMENT
PARTNERSHIP

Pushing. Pulling. Lifting. Keyboarding...all in a day's work. But everyday tasks, or a badly laid-out workspace, can lead to injuries. The good news is, UBT health and safety champions can help teams identify ergonomic risks and develop solutions.



Get started today by planning a simple, ergonomic round in your unit-based team.



Start a conversation. Check with your facility's Physical Therapy department to see if they can schedule a time to talk with your department about proper body mechanics for the tasks you perform.



Take notes and share resources. Let your team know you are rounding for safety by asking them to share their ergonomic questions and concerns. One question to include: "Is there a task you do that's causing you pain?" Use the space below to jot down what you hear and see. Make sure you follow up by creating an action plan. Also share the online ErgoInfo tool to help people assess their own risks: insidekp.kp.org/ergoinfo/ [KP intranet].



Make it a team issue. Discuss what you hear with your team co-leads. Follow up at a UBT or staff meeting on any corrective measures taken. Let people know whether further action is required. Be sure the employee who first identified the problem knows what's happening next.