



# Show Gratitude by Recognizing the Great Work of Others

The final weeks of 2020 are a good time to renew our focus on gratitude — and to recognize teammates who continue to shine amid the challenges of the coronavirus pandemic. A special shout-out may be especially powerful at a time when opportunities for meaningful interaction with co-workers are limited. Such positive gestures build morale, and reduce stress and anxiety.

**Here are some simple ways to recognize and show your appreciation for staff and colleagues.**



## ACTIVITY

- » Log on to My HR for tips on how to [give a shout-out](#) to co-workers at your next meeting or huddle.
- » Send a praise badge in Microsoft Teams. Log on to My HR for easy [step-by-step directions](#).



## BONUS ACTIVITY

- » Join your team members in Work of Art, a fun and interactive way to practice self care and express your gratitude. Enrich your well-being with daily activities as you turn your favorite photos into unique digital paintings. Plus, win prizes along the way. Visit [kp.org/gokp](http://kp.org/gokp) [KP intranet].



Achiever



Awesome



Coach



Creative



Kind heart



Leadership



Problem solver



Team player



Thank you

## TIPS YOU CAN USE

Find ways to make the holidays meaningful during these trying times. Starting November 16, log on to the KP network to visit the [Health and Happiness for the Holidays](#) website to replenish your feelings of joy, love and gratitude.